

Adel Christian A. Lao

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WORK EXPERIENCE

FAIRMONT SUITES & RAFFLES RESIDENCES MAKATI (FR. OCT. 2017 TO DEC 2017)

Fairmont Suites & Raffles Residences Makati

Commis 3

- Assigned in Cold Kitchen
- Vegetable Preparation on Daily Basis
- Dressings preparation on weekly basis
- Salad preparation on Daily basis
- Assigned to plating of salads
- Production of Sandwiches for buffet/plated events
- Catered to 100-600 pax events
- Basic sushi making
- Assigned in afternoon tea production

NEW WORLD MAKATI HOTEL (FR. DEC. 2018 TO JAN.1,2020)

Commis 3 / Team Leader / Kitchen Supervisor

- Assigned in Cold Kitchen
- Vegetable Preparation on Daily Basis
- Dressings preparation on weekly basis
- Salad preparation on Daily basis
- Assigned in Ala Carte and Buffet Service on a daily basis
- Assigned in Ala Carte of four Departments (IRD, The Lounge, Pool Side, Cafe 1228)
- Production of Salads for setup of Buffet Service
- In charge of Casuals timesheets, schedule, manning
- In charge for call-ups for substitutes or addition of casuals requested by the manager

INTERNSHIP EXPERIENCE

Andrew Cafe Taft, Manila

Commis

- Assigned to hot, cold, pastry kitchen
- In charge for the opening and closing inventory
- Vegetable production on a daily basis
- Meat and fish production on a daily basis
- Assigned to saute, frying and dispatcher station
- Gelato production on a weekly basis
- Involved in hot and cold kitchen catering for events, VIP's
- Assisted in training student-immersions

The Peninsula Makati, Manila

Banquet kitchen Commis

- Assigned to hot, cold kitchen
- In Charge of everyday Mise en Place
- Sauce preparation and production
- Vegetable production on a daily basis
- Meat and fish production on a daily basis
- Assigned to grilling station, wok station, line station
- Pastry fillings production on a daily basis
- Catered 100-1000 pax events
- Assigned to plating of food for catering events
- Assigned to carving station during catering events
- Post service clean-up and reorganizing

EDUCATION

2013-2017 De La Salle-College of Saint Benilde Taft, Manila
▪ B.S., Hotel, Restaurant and Institution Management

TRAININGS AND SEMINARS

February 2015 De La Salle-College of Saint Benilde Taft, Manila
▪ Australian Dairy Seminar
June 2015
▪ Sushi Making

October 2016 Hotel Benilde Maison de la Salle

Taft, Manila

- Front Desk Officer, Front Desk Operations Immersion